



TRANQUILITY &
WELLNESS SPA
ORGANIC & NATURALS.

Spa Service Menu & Descriptions

MASSAGE

Relaxing Massage Full Body (Duration 60min.)

Designed to help you unwind and de-stress. Gentle, soothing strokes such as effleurage, light kneading, and rhythmic tapping as you indulge in a calming environment with soft music, dim lighting, and aromatic scents.

\$ 85.00

Back & Neck Massage (Duration 45min.)

Targets the muscles and areas of tension in the back, neck, and shoulders to promote relaxation and stress relief. This massage is perfect if you're looking to relieve tension and unwind.

\$ 65.00

Sport Massage Full Body (Duration 60min.)

A full body sports massage is a specialized massage therapy designed to enhance athletic performance and support recovery. It focuses on specific muscle group engaged during physical activities, using techniques to relieve tension, improve flexibility, and reduce soreness.

\$ 102.00

Sport Massage (Legs) (Duration 35min.)

Maintains peak physical condition and supports overall leg health. Perfect for runners, cyclists, and anyone engaged in leg-intensive

\$ 50.00

activities.

Deep Tissue Massage Full Body (Duration 60min.)

Often targets specific areas that are causing pain or discomfort, such as the back, shoulders, neck, or legs. It's particularly beneficial for individuals dealing with chronic pain, muscle tension, or those who have sustained injuries.

\$ 110.00

Stone Massage Full Body (Duration 90min.)

Combines the therapeutic benefits of both hot and cold stones to provide a unique and deeply relaxing experience. Together, they create a balanced treatment that can help with a variety of issues, including muscle pain, poor circulation, and stress.

\$ 130.00

Hot Stone Massage Full Body (Duration 60min.)

Involves the use of smooth, heated stones. The heat from the stones helps to relax muscles, improves blood circulation, and alleviate tension.

\$ 110.00

FOOTCARE

Reflexology Foot Massage (Duration 35min)

Targets the muscles and areas of tension in the Legs, to promote relaxation and stress relief. This massage is perfect if you're looking to relieve tension and unwind. It also improves blood circulation.

\$ 50.00

Herbal Spa Pedicure (Duration 60min.)

Herbal Spa Pedicure are rich in natural ingredients for a perfect spa experience. It comes in a variety of choices of Herbs & Natural oils on a menu card that you can custom choose from. Just try it and you will surely feel the difference !!

\$ 48.00

Herbal/Medical Pedicure (Duration 60min.)

Medical pedicure, also known as a medi-pedi, is a specialized foot treatment performed by a professional Podiatrist. Addresses and treats fungal infections, ingrown toenails, and other foot conditions with the touch of Natural Herbs.

\$ 60.00

THERAPY

Cupping Massage Full Body (Duration 60min.)

An ancient therapy that involves placing cups on the skin to create suction, which can improve ailments like blood circulation true the muscles.

\$ 100.00

Cupping Massage Back & Neck (Duration 45min.)

An ancient therapy that involves placing cups on the skin to create suction, which can improve ailments like blood circulation true the muscles.

\$ 75.00

Cupping Massage (Legs) (Duration 35min.)

An ancient therapy that involves placing cups on the skin to create suction, which can improve ailments like blood circulation true the

\$ 40.00

muscles.	
Kinesio Taping (Duration 25-35min.)	\$ 25.00
Aroma Therapy Massage Full Body (Duration 60min.)	\$ 100.00

SUMMARY

This pricelist provides a quick overview of our services. Please contact us for more details.